

## 3.7 Buddhist Sacred Writings

# Scriptures

- By reading scriptures we are free of the interpretations of others and can discover the meanings for ourselves
- The main written source of Buddha's wisdom is the **Tripitaka**
- Many Buddhists consider the Tripitaka to be the most accurate record of Buddha's teachings.

# Scriptures

- Five books that address the rules of life and the code of conduct, the teachings of Buddha, discusses the nature of consciousness